Why do some Christians insist that we keep the Law?

The Bible, as we read the scriptures forewarns us of this. Read Galatians the third chapter. (all of it)

Galatians 4:9-11 But now, after that ye have known God, or rather are known of God, how turn ye again to the weak and beggarly elements, whereunto ye d= esire again to be in bondage? Ye observe days, and months, and times, and years. I am afraid of you, lest I have bestowed upon you labour in vain.

The ten commandments are a guideline for us to strive to live by, but remember the Just shall live by faith not works. Under The Law, we are justified by works and under Christ, by Faith.

James 2:18 Yea, a man may say, Thou hast faith, and I have works: shew me thy faith without thy works, and I will shew thee my faith by my works.

These works are not the keeping of The Law, but rather feeding, clothing and helping our fellow man by sharing our substances and talents.

This can be done without faith in Christ!

to destroy, but to fulfill.

Hebrews 11:6 But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

This does not mean that the law is done away with, because Jesus said

Matthew 5:17 Think not that I am come to destroy the law, or the prophets: I am not come

Matthew 5:18 For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.

You see there would be no sin without the Law, it was given as a teacher or a schoolmaster.

Galatians 3: 24-26 Wherefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith. But after that faith is come, we are no longer under a schoolmaster. For ye are all the children of God by faith in Christ Jesus.

We are no longer under the Law, but rather a standard for us to follow.

The Sabbath day related to in the scriptures is our Saturday. Now as we are no longer under the bondage of the Law. The Apostles, after Christ's resurrection and the gospel being preached to the Gentiles, chose the first day of the week.

Why I'm not sure, perhaps it was because Christ rose from the dead on the first day of the week, plus it was a new dispensation. Under Grace not under Law. Anyway according to History, they called it the Lords Day

Mark 16:9 Now when Jesus was risen early the first day of the week, he appeared first to Mary Magdalene, out of whom he had cast

Acts 20:7 And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.

Revelation 1:10 I was in the Spirit on the Lords day, and heard behind me a great voice, as of a trumpet,

Either way, the first day or our Sunday was observed among the Gentiles long before the papacy declared Sunday.

Galatians 3:10-11 For as many as are of the works of the law are under the curse: for it is written, Cursed is every one that continueth not in all things which are written in the book of the law to do them. But that no man is justified by the law in the sight of God, it is evident: for, The just shall live by faith.

If you teach the Law, either observe or do it all, every bit of it or live by faith in Jesus and the grace of God and teach according.

In Gal. 3:10 it says "cursed is everyone that does not all the law"

1 Timothy 1:6-7 From which some having swerved have turned aside unto vain jangling; Desiring to be teachers of the law; understanding neither what they say, nor whereof they affirm.

Under the law is condemnation and only Christ could fulfill the law.

Galatians 3:13 Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree:

John 8:36 If the Son therefore shall make you free, ye shall be free indeed.

Trusting this will shed some light on your question. Bro. Ken