How does one "Love thy neighbor as thyself," if one has little or no love for ones own self?

We will try to deal with this misconception first.

Genesis 1:27 So God created man in his own image, in the image of God created he him; male and female created he them.

Colossians 3:10* And have put on the new man, which is renewed in knowledge after the image of him that created him:

Satan is the accuser of the brethren, he will try to get one to believe that they are to critical, judgmental, mouthy, don't have a squeaky clean attitude and so on, so one cannot love themselves. This is a lie, we are a child of the King, we are a royal priesthood, God loves us just as we are.

1Peter 2:9* But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light:

So if God the almighty loves us, WHO do we think we are, not to love ourselves. God only sees the righteousness of Jesus, in all those that have put on salvation through Christ Jesus. Remember, our righteousness is as filthy rags before God, so you see, IT IS NOT US THAT can love the unlovable, but Jesus who is in us.

There are times I don't like what I said or done but

the great thing we have in Christ is forgiveness, unless of course we don't want to be forgiven.

Saying, "I'm sorry" makes you a better person - not a bitter person.

The scripture does say, not to love yourself too much.

Romans 12:3* For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

The world (though political correctness) says we are to love every body the same – NOT SO – we are to love those of the household of faith more.

Galatians 6:10* As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith

John 13:35 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another.

Question # two

Why do I have such impatience with a co-worker? What is wrong with me?

The first thing that comes to mind, is that Jesus is patient with us and kind, if we get frustrated, it is

because we are thinking through our natural senses, how I feel, how I think and not how would Jesus feel or what would Jesus think. You will be surprised at how circumstances will change when we honestly try looking at THINGS through Jesus's eyes.

They may be an ungodly person, which could explain your mixed feelings, just remember that the Lord does say, "Let your light shine (attitude & disposition), so that they may see your GOOD works and glorify God." IT IS NOT so much as to what we say, but how we make THEM feel that counts. Do we make them FEEL that they are loved or at least liked, or do they feel left out, disliked, or of a lower quality than you?

If we dwell on what we think, it will become a reality, we can control our mind by rebuking the ungodly thoughts and TELLING them to take a hike. Romans 12:2* And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

It is not your job to figure out what is going through someone else's mind, if the Lord wants you to know, he will tell you. If your boss has not ask you to instruct them, then you're sticking your nose in where it don't belong. Find the good points about a person and think on that.

I trust this will be helpful.

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