

Food for Thought

Monday 6/3/24

Before you speak, let your words
is it

Pass through three Gates,

True, Necessary, and Kind

Matt 15:11 Not that which goeth into the mouth defileth a man; but that which
cometh out of the mouth, this defileth a man

Food for Thought

Tuesday 6/4/24

We were born to make
mistake,

Not to FAKE perfection.

How else would we LEARN.

1John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to
cleanse us from all unrighteousness

Food for Thought

Wednesday 6/5/24

It's OK to live a life

Others do not understand.

Psalms 119:130 The entrance of thy words giveth light; it giveth understanding unto
the simple.

Food for Thought

Thursday 6/6/24

Silence can NEVER be misquoted.

So sometimes, not saying anything

Is the best answer.

Prov 21:23. Whoso keepeth his mouth and his tongue keepeth his soul from troubles.

Food for Thought

Friday 6/7/24

"Being a successful person is not necessarily
achieved, but by what

You have overcome."

Defined by what you have

-Fannie Flagg

[1 John 5:4](#) For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.

=====Food for Thought

Monday 6/10/24

=====Tears come from the heart

And not the brain. *Leonardo da Vinci*

[Rev 21:4](#). And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

===== Sorry for the interruption but thank Telus.

Food for Thought

Tuesday 6/11/24

===== The love of a family Is

Life's greatest blessing.

[Eph 3:14-15](#) For this cause I bow my knees unto the Father of our Lord Jesus Christ, Of whom the whole family in heaven and earth is named,

===== Food for Thought

Wednesday 6/12/24

=====When all the dust is settled

and the crowds are gone,

The things that matter are; FAITH, family and friends.

Barbara Bush

[Hebrews 11](#)

Now **faith** is the substance of things hoped for, the evidence of things not seen. For by it the elders obtained a good report. Through **faith** we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear. ...

===== Food for Thought

Thursday 6/13/24

===== Families are like fudge, *Les Dawson*

Mostly sweet, With a few nuts.

[Luke 6:32](#)

For if ye **love** them which **love** you, what thank have ye? for sinners also **love** those that **love** them.

===== Food for Thought

Friday 6/14/24

“That’s what caring people do. *Deb Caletti*
They put their arms around you
And love you when you’re not so lovable.”

[Psalm 119:132](#)

Look thou upon me, and be merciful unto me, as thou usest to do unto **those** that **love** thy name.

Food for Thought

Monday 6/17/24

You don’t choose your family. They are
Gods gift to you, as YOU are to them.

[1 Timothy 6:2](#)

And they that have believing masters, let them not **despise** them, because they are brethren; but rather do them service, because they are faithful and beloved, partakers of the benefit. These things teach and exhort.

Food for Thought

Tuesday 6/18/24

A happy family is a
Forerunner to life in
Heaven

[Luke 16:10](#)

He that is **faithful** in that which is least is **faithful** also in much: and he that is unjust in the least is unjust also in much.

Food for Thought

Wednesday 6/19/24

It’s your REACTION to adversity,
That determines your character.

[Ephesians 4:32](#)

And be ye **kind** one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Food for Thought

Thursday 6/20/24

If you can't fly then run, if you can't run
Then walk, if you can't walk then crawl,
But whatever you do, keep moving forward.

[Philippians 3:13-15](#)

Brethren, I count not myself to have apprehended: but this **one** thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I **press** toward the mark for the prize of the high calling of God in Christ Jesus. Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.

Food for Thought

Friday 6/21/24

Courage is not the absence of fear,
It's the realization that there is something
Or someone more important than fear.

[1 John 4:18](#)

There **is** no **fear** in love; but perfect love casteth out **fear**: because **fear** hath torment. He that **feareth is not** made perfect in love.

Food for Thought

Monday 6/24/24

It's our attitude towards events, not the events
(which we can control) even death is terrible,
If we fear it, but through Jesus we have eternal life.

[John 17:3](#)

And this is **life eternal**, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

Food for Thought

Tuesday 6/25/24

When you have exhausted all possibilities,
Remember this: you haven't. *Tomas Edison*

[2 Kings 5:10](#)

And Elisha sent a messenger unto him, saying, Go and wash in Jordan **seven times**, and thy flesh shall come again to thee, and thou shalt be clean.

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Food for Thought
Wednesday 6/26/24
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You have power Over your mind -
Not outside events, **Realize this.**

[Ephesians 4:23](#) And be renewed in the spirit of your mind
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Food for Thought
Thursday 6/27/24
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You are stronger, gentler, more resilient,
And more beautiful than we can imagine.

[Colossians 1:22](#)

In the body of **his** flesh through death, to present you holy and unblameable and unreprouvable
in **his** sight:

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Food for Thought
Friday 6/28/24
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The weak can never forgive. Forgiveness
Is the attribute of the strong. *Mayatma Gandhi*

[Proverbs 13:10](#)

Only by **pride** cometh contention: but with the well advised **is** wisdom.